

## CLAIMS

1/ A carrying system for carrying a portable item of equipment, said system comprising:

a cord forming a loop; and

a member on the loop, retaining two strands of the cord to form a closed loop defining an aperture;

wherein the member is provided with first retaining means suitable for retaining a portion of the closed loop, so as to form a closed double loop, thereby reducing the aperture.

2/ The carrying system of claim 1, wherein the first retaining means comprise a catch provided with a groove of width less than the cross-sectional width of the cord.

3/ The carrying system of claim 1, further comprising second retaining means, the cord co-operating with the second retaining means to form the closed loop.

4/ The carrying system of claim 3, wherein at least one strand of the cord is mounted to slide relative to the second retaining means.

5/ The carrying system of claim 4, wherein the member has locking means for preventing said strand of the cord from sliding.

6/ The carrying system of claim 5, wherein the member is provided with a passageway of cross-section suitable for preventing said strand of the cord from sliding when a force less than a predetermined force is applied to the cord.

7/ The carrying system of claim 6, wherein the cross-section of the passageway is smaller than the cross-section of said strand of the cord.

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20084056-022802

8/ The carrying system of claim 1, wherein the member has a fastening suitable for retaining a portable item of equipment.

5 9/ The carrying system of claim 8, wherein the fastening comprises:

a second cord portion opposite from the loop; and

a part fixed to the second cord portion to form a fastening loop for fastening to a portable item of  
10 equipment.

10/ The carrying system according to claim 1, wherein the cord has a length greater than about 40 cm.

208220-95048001